

THE LORD'S SUPPER

Numbers 6:24-26 "The Lord bless you and keep you! May the LORD make his face shine upon you, and be gracious to you! May the Lord turn his face upon you and give you peace!"

The Lord's Supper that we practice is one of the two commandments instituted by the Lord Jesus along with water baptism. Whereas baptism is done only once because there can be only one principle of the spiritual life that testifies to our faith in Him before witnesses. The Lord's Supper, on the other hand, is administered freely every day but by commandment on Saturdays and on feasts commanded by God and testifies to the Love that Christ manifested for us by dying on the cross to give us eternal life and to be in His Presence. For our part, he testifies to the Father of gratitude and confirmation of the pact established with the blood of Jesus and spiritual communion with Him and with His Body which is the Church. In the Lord's Supper, bread and wine are used as the scriptures teach. In the Bible ([Mt 26:29](#)) wine is called fruit of the vine, while in other translations fruit of the vine.

[Ge 14:18](#) And Melchizedek king of Salem brought bread and wine.

It foreshadows the blessing in the sacrifice of Christ presented to Abraham who had received the promises.

[Mt 26:26-28](#) "While they were eating, Jesus took bread, and after saying the blessing, he broke it and gave it to his disciples, saying, 'Take, eat, this is my body.' Then he took a cup and gave thanks, and gave it to them, saying, "Drink from it, all of you, for this is my blood, the blood of the covenant, which is shed for many for the forgiveness of sins.

The Lord said drink of it all, so some think that everyone can partake of the Lord's Supper, even those who are not born again, but the Scripture is clear as it was for circumcision to belong to the people of Israel, so it is for the born again who belongs to the people of God, called the body of Christ or the family of God.

[Ex 12:47-48](#) "Let all the community of Israel celebrate the Passover.

When a stranger sojourns with thee, and wishes to celebrate the Passover unto the LORD, let all the males of his household first be circumcised. Then come and celebrate Easter, and be like a native of the country; but no uncircumcised eats of it.

Eph 2:19, 19 "So then you are no longer strangers or sojourners, but you are fellow citizens with the saints and members of the household of God.

1 Corinthians 10:16 "Is not the cup of blessing, which we bless, fellowship with the blood of Christ? Is not the bread that we break communion with the body of Christ?

The first supper began with the apostles chosen by Jesus and then shared with the disciples, who were all those who by faith and through baptism in water and the Holy Spirit became part of the family of God.

Ac 2:41-42 "Those who accepted his word were baptized; and in On that day, about three thousand people were added to them. And they were persevering in listening to the teaching of the apostles and in fraternal communion, in the breaking of bread and in prayers.

Therefore no one who is not born again may partake of the Lord's Supper, except children up to the age of about twelve years. Another condition for participating is that of having confessed sins to God after having abandoned them, so that the blood of Jesus purifies the conscience and the judgment declared by the apostle Paul to the Corinthians does not fall back, who did not discern the body of Christ and when they gathered together they were in total disorder, they did not wait for others, they reveled, they got drunk and despised the poorest, although among them many lived in all kinds of sins and we can see it already in (1 Corinthians 1:1), among them there were jealousies, strife, fornication, some were puffed up with pride, greedy, idolaters and thieves, in fact in (1 Corinthians 5:11) the apostle Paul recommended not to eat with anyone who calls himself a brother who is a fornicator, A miser, an idolater, a reviler, a drunkard or a thief. That is why it is written, many of you are sick, sick and some die, so as judgment comes, there is also a blessing for those who come to examine their consciences, receive cleansing of sins, healing and abundant life.

1 Joh 1:6-9 "If we say that we have fellowship with him and walk in dark

ness, we are lying and not doing the truth. But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, cleanses us from all sin. If we say we are sinless, we deceive ourselves, and the truth is not in the future us. If we confess our sins, he is faithful and just to forgive us our sins and cleanse us from all iniquity.

Not only can the act of faith in practising the Lord's Supper open the our minds to new revelations.

Lk 24:30-31 "When (Jesus) was at table with them , he took bread, blessed it, broke it, and gave it to them. Then their eyes were opened , and they recognized him; but he disappeared from their sight.

When Jesus speaks of eating and drinking he says it in the spiritual sense, we receive his Word and his Spirit, an example of this teaching we find when Jesus told the Samaritan woman that he would give her living water, the Samaritan woman spoke of water to drink but Jesus explained to her that that living water was the Holy Spirit.

Jn 4:11,13-14 "The woman said to him, 'Lord, you have nothing to draw for, and the well is deep; Where, then, would you get this living water from? Jesus answered her, "Everyone who drinks of this water will thirst again; but he who drinks of the water that I will give him will never thirst again; but the water that I give him will become in him a fountain of water springing up into eternal life."

Jn 7:37-39 On the last day, the most solemn day of the feast, Jesus stood and exclaimed, "If anyone is thirsty, let him come to me and drink. Whoever believes in me, as the Scripture has said, rivers of living water will flow from his bosom." He said this of the Spirit, which those who believed in him were to receive; for the Spirit had not yet been given, because Jesus was not yet glorified.

In fact, Jesus said that eating his flesh and drinking his blood was not intended in the material sense as the Pharisees believed, as the manna that their fathers ate and not even as some understand that the bread is transformed into the flesh of Christ or the wine into the blood of Christ, but is spiritual food as both the apostle Paul and Jesus explain.

1 Corinthians 11:20-22 "And when you gather together, what you do is not

eat the Lord's supper; for at the common meal each one partakes his own supper first; and while one is hungry, the other is drunk. Don't you have your own houses to eat and drink? Or do you despise the church of God and humble those who have nothing? What shall I tell you? Shall I commend you? In this I do not praise you.

Jn 6:35,51,54-56,63 Jesus said to them, "I am the bread of life; he who comes to me will never hunger again, and he who believes in me will never thirst again. I am the living bread, which came down from heaven; if anyone eats of this bread, he will live forever. He who eats my flesh and drinks my blood has eternal life; and I will raise him up on the last day. Because my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood abides in me, and I in him. (i.e. he who feeds on My Word and quenches his thirst on My Spirit is cleansed by My Blood and is in communion with Me) It is the Spirit that gives life; the flesh is of no use; The words I have spoken to you are spirit and life.

1 Corinthians 10:1,3-4 For I do not want you to be ignorant, brethren, that our fathers were all under the cloud, they all passed through the sea, they all ate the same spiritual food, and they all drank the same spiritual drink, because they drank from the spiritual rock that followed them; and this rock was Christ.

In a sense it is like when Adam ate the fruit of disobedience through Satan and died, now we eat the fruit of the obedience of Christ Jesus and His blood to have eternal life. Therefore, the Lord's Supper is not a meal in common but it is to witness to live spiritually the perfect communion with the Holy Spirit and with the body of Christ which is His Church and announces the Victory of Jesus Christ against the enemy through His death and resurrection until He returns to take us back to Himself.

1 Corinthians 10:16-17 Is not the cup of blessing, which we bless, fellowship with the blood of Christ? Is not the bread that we break communion with the body of Christ? Since there is one bread, we, who are many, are one body, because we all partake of that one bread.

Mt 4:4 "Jesus answered Satan, that man shall not live by bread alone, but by every word that proceeds from the mouth of God."

Jesus also told His disciples that His food was not what satiated the

body but was to do the will of the One who had sent Him, and to do His work. When Jesus said do this in memory of me, He wanted us to remember not only that we have been redeemed by His blood but that because of the blood of the covenant, we have access to the throne of grace where He reigns for us so that we too may reign on earth with Him, doing His will, because creation awaits the manifestation of the children of God.

Heb 10:12-13,19-20 Jesus, having offered one sacrifice for sins, and for ever, sat down at the right hand of God, and is only waiting for his enemies to be set as his footstool. Therefore, brethren, we have freedom to enter the most holy place through the blood of Jesus, by that new and living way which he has inaugurated for us through the curtain, that is to say, his flesh.

Eph 2:13,18 "But now in Christ Jesus you who were then far off have been drawn near by the blood of Christ, for through him we both have access to the Father in the same Spirit.

The Lord's Supper must be daily, as must be the relationship with the Holy Spirit.

Acts 2:41-42,44-47 "Those who accepted his word were baptized, and on that day about three thousand people were added to them. And they were persevering in listening to the teaching of the apostles and in fraternal communion, in the breaking of bread and in prayers. All who believed were together and had everything in common; they sold their property and goods, and distributed them to all, according to the need of each. And every day they went assiduously and with one accord to the temple, broke bread in the houses and partook of their food together, with joy and simplicity of heart, praising God and enjoying the favor of all the people. The Lord added to their community every day those who were being saved.

During the Lord's Supper, let us thank Him with all our hearts for giving us life, the gift of the Holy Spirit, and victory over the enemy. To Him be the glory in the name of Jesus, amen.

2 Corinthians 13:13 "The grace of the Lord Jesus Christ, the love of God, and the fellowship of the Holy Spirit be with you all." Amen.